

#### From the

1. Minister Honorable Dr. Culwick Togamana
2. Permanent Secretary Mrs. Pauline McNeil
3. Senior Executive Management
4. And staff,

#### Of the **Ministry of Health and Medical Services** to the;

1. Governor General and family
2. Honorable Prime Minister and family
3. Chief Justice and family
4. Honorable Speaker of the National Parliament and family
5. Honorable Leader of the Opposition and family
6. Government Ministers and Ministries
7. Members of Parliament and family
8. Attorney General and family
9. Provincial Governments
10. Donors and Development Partners
11. Non-Government Organizations
12. The Private Sector
13. State Owned Enterprises
14. Solomon Islands Christian Association and Solomon Islands Full Gospel Association
15. Community elders and leaders,
16. Men and women, boys and girls and our beautiful children across our happy isles

#### Message

Year 2020 was unprecedented and indeed challenging especially with the delivery of normal health services, programs and projects in the face of the COVID-19 global pandemic. Nevertheless, the challenges also brought many opportunities that we have together taken advantage of to build new and strengthen existing partnerships, cooperation's and collaborations. As we celebrate this Christmas and the New Year festive season let us all give thanks to our Almighty God for his guidance, protection, care throughout the year 2020, and pray that God is and will continue to be our Personal Protective Equipment and Protector for the new year 2021. On this note, a very **Merry Christmas and a Happy and Prosperous New Year to you all!**

#### **Health Minister Honorable Dr. Culwick Togamana, Permanent Secretary Mrs. Pauline McNeil and Senior Executive Management**



Front row (L-R) - MHMS Permanent Secretary Mrs. Pauline McNeil, MHMS Minister Dr. Culwick Togamana and NRH CEO Dr George Malefoasi. Backrow (L-R) - DSHC Dr. Gregory Jilini, Director Planning and Policy Mr. Ivan Ghemu, Principal Planning Officer/SEM Secretary Mr. Brian Idufanoa, National Director of Nursing Mr. Michael Larui & DSC Dr Lazarus Neko. (DSHI Dr Nemias Bainivalu on leave)





## *What can you do to make the holidays safer?*

**Holidays are important, but your health and that of those you care about, should come first during this period.**

- ***If you have COVID-19 like symptoms such as cough, fever and shortness of breath please do the followings: -***
  - ***Avoid unnecessary travelling.***
  - ***Wear a mask and self-isolate yourself to minimize the risk of passing infection to others.***
  - ***Do not participate in any social gathering.***
  - ***Contact or send a message to your nearest clinic or nurse to assist you or Call COVID\_19 free line 115***
  
- ***Think about spending the festive season with as few people as possible.***
  
- ***To reduce the risk of exposing yourself to COVID-19 in the community, try as much as possible to avoid big social gathering with people coming in from other communities.***
  
- ***When spending the festive season in your communities don't forget to practice social distancing, you are encouraged to wear a face mask, wash hands frequently or use hand sanitizer and cough into your bent elbow or into a piece of cloth.***
  
- ***If you are indoors, keep the windows, louvres and fold curtains open to ensure good ventilation.***
  
- ***If you need to visit or gather with people outside of your household, take extra precautions:***
  
- ***If you are unsure whether gathering during holidays is safe or not, stay home and connect with the people you care about online.***
  
- ***If someone in your family or neighbourhood has recently returned from abroad and has COVID-19 symptoms, ask them to contact 115, 25256 or 21068 to seek medical care.***