



MINISTRY OF HEALTH & MEDICAL SERVICES

QUARANTINE INFORMATION FOR TRAVELLERS ENTERING SOLOMON ISLANDS

As part of the Government's response to the threat of Coronavirus (COVID-19) entering the Solomon Islands, you may be subject to quarantine.

Isolation and quarantine are standard public health measures taken to protect the public by stopping or limiting the spread of a contagious disease, like COVID-19.

- **Isolation** separates sick people with the disease from people who are not sick.
- **Quarantine** separates people who are well but may have been exposed to the virus, to see if they become sick.

WHO MAY BE QUARANTINED?

Anyone who:

- Has been in restricted countries (including transit) in the past 14 days
- Has visited affected countries where risk assessment shows you may have been exposed to the virus
- Was seated on an aircraft within two seats (in any direction) of a confirmed COVID-19 case; anyone who is a travel companion or person providing care on the journey
- Has lived in the same household as a COVID-19 case or is an intimate partner of someone who has COVID-19
- Had face-to-face contact or been in a closed environment with a COVID-19 case and has not used protection
- Has cared for someone with COVID-19.

HOW LONG IS THE QUARANTINE FOR?

If you are quarantined, you will be confined either to your home or to a quarantine centre where you will be monitored closely for 14 days to see if you become sick. If, after this time, you have no symptoms, you will be able to leave.

What you can expect while in a quarantine centre:

- You will be examined by a medical practitioner and any necessary treatment or medication will be provided for pre-existing or developing conditions.
- You will be checked twice a day for symptoms/ signs of COVID-19. If you become sick you will be transferred to an isolation facility for treatment.
- Quarantine can be challenging for some people. Counselling and support will be provided.
- Family and friends may visit twice a day but will need to use masks and stay no longer than 2 hours at a time, while keeping 1-2 metres apart.

If you are given home-based quarantine, you must remain at that location for the full 14 days.

- You are not allowed to leave your home.
- The health team will visit or contact you to check for symptoms.
- You need to minimise social contact.
- If you develop symptoms of COVID-19 such as fever, cough, difficulty in breathing, **IMMEDIATELY REPORT TO:**

Public Health Emergency
Surveillance Unit on **23650** OR **7522202**

Quarantine is mandatory

The decision to quarantine a person is not made lightly and we appreciate it can be disruptive and distressing.

Coronavirus poses significant risk to our people's wellbeing and the economic livelihood of the country, and the Government is committed to keeping it out or, where there is an outbreak, to containing the virus.

THANK YOU FOR YOUR UNDERSTANDING