



MINISTRY OF HEALTH AND MEDICAL SERVICES

ACT NOW TO PROTECT YOUR EMPLOYEES AND YOUR BUSINESS FROM COVID-19

Everyone has a part to play in containing Coronavirus (COVID-19), including businesses and employers. By taking these steps now, you can stop or slow the spread of COVID-19 if it arrives in your workplace.

- Make sure your workplace is clean and hygienic. surfaces (e.g. desks and tables) and objects (e.g. telephones, keyboards) need to be wiped with disinfectant regularly.
- Promote regular and thorough hand-washing for employees and customers.
- Promote good respiratory hygiene – provide paper tissues and closed bins for hygienic disposal.
- If COVID-19 starts spreading, people must stay at home even if they have mild symptoms.
- Employees should consult national travel advice before going on business trips. Those at higher risk of serious illness should avoid travel (e.g. older people and those with medical conditions such as diabetes, heart and lung disease).
- While traveling, employees should wash their hands regularly and stay at least one metre away from people who are coughing or sneezing. Ensure employees know what to do if they feel ill while traveling. Employees returning from travel should monitor for symptoms for 14 days. Anyone developing symptoms should stay at home and self-isolate.
- Make a plan for what to do if someone becomes ill with suspected COVID-19, and a plan for how to keep your business running if employees are sick or can't come to work.

What are the symptoms of COVID-19?

- Coughing and sneezing
- Fever
- Shortness of breath

For some people, the symptoms of COVID-19 can be mild. For others, like older adults and people with underlying media conditions, they can be more serious and can develop into pneumonia..

For more information contact the Public Health Surveillance Centre on 23650 or 7522202

PROTECT YOURSELF, PROTECT OTHERS FROM CORONAVIRUS